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IMPORTANT HAND SURGERY PRE-OP INSTRUCTIONS

You have been given the date and place of surgery at the time of your visit with Dr. Gibeault. Once the surgery has been booked with the hospital or surgery center you will be called by the surgery scheduler with the time you should arrive. Most times the surgical facility will call you to confirm your surgery. When going to the surgical facility, take your insurance card and some form of identification. Be aware that the facility will expect your copay at the time of service. Arrive with enough time to find parking and not rush check in time.

On the day of the surgery you MUST follow these instructions.

- 1) **Do not eat or drink anything eight (8) hours before surgery.** Nothing must be taken orally until after your surgery, unless otherwise instructed. (There are exceptions in regards to certain medications)
- 2) If you are currently taking any oral medications, or insulin, please advise this office. You will be advised as to whether or not to take your medications on the day of surgery.
- 3) Do not take aspirin, or medications containing aspirin for three (3) days prior to surgery. If you take blood thinning medications, these will usually be discontinued several days before surgery.
- 4) Notify our office if you develop a sore throat, earache, infection, fever or other medical condition before surgery. Surgery may need to be postponed if you are ill.
- 5) On the day of surgery wear a button down, loose fitting shirt.
- 6) **Do not wear any jewelry or take any valuables with you on the day of surgery. The facility will not take responsibility for them.**
- 7) The surgical center or hospital will ask you to arrive 1 – 1 ½ hours before the scheduled surgery time to complete paperwork and preparation for surgery. You **MUST** have someone drive you home after you are released from the facility (unless your surgery is done with local anesthesia only.) Most facilities will not let you leave until there is a driver.
- 8) Follow your discharge orders. Call Dr. Gibeault's office to make your follow up appointment. Dr. Gibeault will give you both verbal and written instructions after your surgery. Your post-op appointments will be in the office.
- 9) On occasion surgery times need to be changed by the surgical facility. They will contact you. These circumstances are beyond our control.

**IF YOU HAVE ANY QUESTIONS REGARDING THESE INSTRUCTIONS
PLEASE CALL OUR OFFICE.**